



Bulk Cooking

10l Pot of Jollof Rice	£45.00
10l Pot of Fried Rice <i>spring onions, carrots and green beans</i>	£50.00
5l Pot of Jollof or Fried Rice	£30.00
10l Pot of Jollof or Fried Rice <i>with stewed beef</i>	£95.00
10l Pot of Jollof or Fried Rice <i>with stewed hard chicken</i>	£144.00
Full Pot of Egusi <i>with beef or assorted meat</i>	£180.00
Half Pot of Egusi <i>with beef or assorted meat</i>	£90.00
Full Pot of Ogbono Soup <i>with beef or assorted meat</i>	£168.00
Full Pot of Ogbono Soup <i>with fish</i>	£192.00
Half Pot of Ogbono Soup <i>with fish or beef</i>	£90.00
Full Pot of Eforiro <i>with beef or assorted meat</i>	£180.00
Full Pot of Eforiro <i>with fish</i>	£192.00
Half Pot of Eforiro <i>with beef, fish or assorted meat</i>	£90.00

Event Catering

25L Cooler of Jollof Rice	£120.00
25L Cooler of Fried Rice <i>spring onion, carrots and green beans</i>	£130.00
Half Cooler of Jollof or Fried Rice	£75.00
Cooler of Fried Rice <i>with stewed beef</i>	£180.00
Cooler of Fried Rice <i>with stewed hard chicken</i>	£144.00
20L Full pot of Egusi <i>with beef or assorted meat</i>	£180.00
Half pot of Egusi <i>with beef or assorted meat</i>	£90.00
Full pot of Ogbono Soup <i>with beef</i>	£168.00
Full pot of Ogbono Soup <i>with fish</i>	£192.00
Half pot of Ogbono Soup <i>with beef or fish</i>	£90.00
Full pot of Eforiro <i>with beef or assorted meat</i>	£180.00
Full pot of Eforiro <i>with fish</i>	£192.00
Half pot of Eforiro <i>with assorted meat or fish</i>	£90.00



www.cra50.co.uk | +44 1933 640064



01933 825142 07774 006841
www.tasty-ekitchen.co.uk

D
K
E
N

Starters

SPECIAL PEPPERED SNAIL GF DF H 2 whole snails	£17.00	SPICY GIZZARD TOSS GF DF H Gizzard marinated in spicy sauce with onions and peppers	£12.00
SPECIAL PEPPERED SNAIL GF DF H 3 whole snails	£25.00	SPICY GIZDODO GF DF H Gizzard and Plantain dressed in sliced celery, red and green pepper	£12.00
HERITAGE PEPPER SOUP GF DF H Chicken or fish or meat mixed with African spices	£12.00	SMALL CHOPS VG Variety of puff-puff, spring roll & samosa	£10.00
SPICED BEEF SUYA GF DF H Charcoal grilled meat mixed with pepper and peanut	£12.00	KELEWELE GF DF V VG Fried and seasoned ripened plantain served with peanut	£5.50
SPICY CATFISH PEPPER SOUP GF DF H Catfish cooked with African spices, crayfish, pepper and scent leaf	£18.00	ASSORTED PEPPER SOUP H Mixed meat and fish soup mixed with African spices	£15.00
OXTAIL PEPPER SOUP GF DF	£21.00		

Rice Dishes

CELEBRATION JOLLOF RICE GF DF Regular Cooked rice mixed with tomatoes and African spices	£10.00	CHICKEN FRIED RICE GF DF Spring onion, carrots and green beans with fried chicken	£14.00
SUPREME ASSORTED JOLLOF RICE GF DF Cooked rice mixed with tomatoes and African spices with assorted meat	£15.00	FRIED RICE with Fried Fish GF DF Spring onion, carrots and green beans	£15.00
JOLLOF RICE GF DF Cooked rice mixed with tomatoes and African spices, with fried fish	£15.00	FRIED RICE with Fried Turkey GF DF Spring onion, carrots and green beans	£15.00
CRISPY CHICKEN JOLLOF RICE GF DF Cooked rice mixed with tomatoes and African spices, with fried chicken	£14.00	SPECIAL PRAWN FRIED RICE GF DF Spring onion, carrots, green beans & Prawns	£15.00
FRIED TURKEY JOLLOF RICE GF DF Cooked rice mixed with tomatoes and African spices with fried turkey	£15.00	VEGETARIAN FRIED RICE GF DF Spring onion, carrots, green beans and mixed veg	£11.00
JOLLOF RICE with PORK RIBS GF DF (cooked rice mixed with tomatoes and African spices)	£15.00	STEAMED WHITE RICE with Signature Stew GF DF	£10.00
PRAWN JOLLOF GF DF Cooked rice mixed with tomatoes, prawns, and African spices	£15.00	WHITE RICE with Ayamase GF DF African special Stew	£15.00
VEGETARIAN JOLLOF RICE GF DF V VG Cooked rice mixed with tomatoes, mixed vegetables, African spices and onions	£14.00	WHITE RICE with Ayamase and Plantain GF DF	£17.00
CLASSIC FRIED RICE GF DF Spring onion, carrots and green beans with 2 pieces of meat	12.00	TRADITIONAL RICE AND BEANS GF DF V VG	£10.00
LOADED ASSORTED FRIED RICE GF DF Spring onion, carrots and green beans with assorted meat	£14.00	GHANA STYLE WAAKYE GF DF Mix of rice, beans, stew, and plantain with either beef, chicken, or fish	£14.00
		FULL GHANA STYLE WAAKYE COMBO GF DF Traditional Ghanaian rice and beans served with stew, egg, plantain, fish, beef and chicken	£19.99

Spaghetti Dishes

SPAGHETTI with Stew DF V VG	£9.00	CONCOCTION SPAGHETTI DF	£14.00
SPAGHETTI with Plantain and stew combo DF V VG	£10.00	<i>With mixed veg, tomato sauce, shredded chicken or beef or fish, served with plantain</i>	

Beans Dishes

PORRIDGE BEANS GF DF Cooked beans mixed with fried fish	£12.00	BEANS, PLANTAIN AND FISH COMBO GF DF	£15.00
TRADITIONAL BEANS AND DODO GF DF V VG Cooked beans served with fried plantain	£10.00	STEAMED BEAN CAKE (MOI-MOI) GF DF Beans pudding mixed with crayfish, cooked egg and pepper	£5.00

Yam Dishes

YAM PORRIDGE with Assorted meats GF DF	£16.20	YAM PORRIDGE with Fish GF DF	£17.00
YAM PORRIDGE with Chicken GF DF	£14.40	FRIED YAM with assorted meats and sauce (shito) GF DF	£14.00
YAM PORRIDGE with Beef GF DF	£14.40	FRIED YAM with Fried Mackerel Fish and sauce (shito) GF DF	£16.00

Salads

MIXED SALAD with Balsamic Vinegar GF DF V VG	£6.00	MIXED SALAD with Salad Cream GF	£5.00
MIXED SALAD with Salad Vinegar GF DF V VG	£5.00	CULTURE COLESLAW GF	£5.00

ALLERGEN INFORMATION

Our dishes are prepared in a kitchen that handles nuts, peanuts, gluten, milk, eggs, fish, shellfish, sesame, celery, mustard, soy, sulphur dioxide, and lupin. While we take care, cross-contamination cannot be guaranteed.

Please inform a member of staff of any allergies before ordering.

Soups

comes with your choice of Eba/Amala/ Semo or Pounded Yam

EGUSI SOUP with BEEF GF DF Assorted meat or fish (grounded melon seeds mixed with crayfish, hot pepper and African spices)	£14.00	OKRA SOUP with BEEF GF DF Assorted meat or fish (sliced lady fingers cooked with crayfish, peppers and African spices)	£14.00
OGBONO SOUP with BEEF GF DF Assorted meat or fish (African bush mango seeds mixed with crayfish, pepper and African spices)	£14.00	EDIKAINKONG with BEEF GF DF Assorted meat or fish (Vegetable cooked with peppers crayfish. Palm oil peppers and African spices)	£15.00
GBEGIRI & EWEDU GF DF Jute leaves and blended beans soup with 2 pieces of meat or Fish	£13.00	EFORIRO GF DF Cooked spinach with herbs, mixed with fish fillets, meat and African spices	£15.00
BANGA SOUP with BEEF GF DF Assorted meat or fish (Palm fruit extract cooked with crayfish, peppers and African spices)	£15.00	BITTER LEAF SOUP GF DF Cooked with crayfish, peppers and African spices	£15.00

Chef's Special

GRILLED MEAT GF DF Pork, Beef, Chicken or Lamb, garnished with mint leaves, spring onions, green pepper, ginger, garlic and African spices	S £18.00	M £25.00	L £30.00	XL £35.00
GRILLED CROAKER with Plantain GF DF Garnished with mint leaves, spring onions, green pepper, ginger, garlic and African spices	S £18.00	M £25.00	L £30.00	XL £35.00
GRILLED TILAPIA with Fried Plantain or Fried Yam GF DF Garnished with mint leaves, spring onions, green pepper, ginger, garlic and African spices	S £20.00	M £25.00	L £30.00	XL £35.00
SPICED COW FOOT NKWOBI GF DF Cooked cow foot mixed in spices, palm oil paste, dressed with Sellery, red & green pepper, spring onions or sliced onions	£20.00			
MIRACLE SOUP GF DF Black soup cooked with hot African herbs with assorted meat	£15.00			
FISHERMAN'S SOUP GF DF Seafood cooked with African herbs mixed with hot peppers	£20.00			
OWO SOUP with fish or assorted meat GF DF Palm oil soup cooked with crayfish and peppers	£15.00			
ISI EWU (Goat Head) GF DF Goat meat, palm oil, potassium, pepper, sauce	£20.00			
UKODO with fish GF DF Pepper soup with yam and ripe plantain	£20.00			
BANGA AND STARCH GF DF Palm fruit extract cooked with crayfish, peppers and African spices	£20.00			
ABACHA GF DF V VG African salad, lettuce mixed with cucumber and cherry tomatoes	£10.00			
FRIED TURKEY in Spicy Sauce GF DF	£12.00			
GRILLED HALF CHICKEN GF DF	£9.50			
GRILLED FULL CHICKEN GF DF	£16.00			

Extras

SWALLOWS GF DF V VG Pounded Yam / Eba / Wheat / Amala / Oat / Fufu / Semo / Banku / Sadza	£2.50
FRIED TILAPIA FISH (one piece) GF DF	£6.00
FRIED PLANTAIN GF DF V VG	£4.00
CHIPS GF DF V VG	£2.50
FRIED YAM GF DF V VG	£7.00
SOUP (no meat) GF DF V VG	£6.00
COW FOOT GF DF	£5.00
FRIED BEEF CUBES GF DF	£5.00
FRIED MACKEREL FISH GF DF	£7.00
STEAMED WHITE RICE GF DF V VG	£3.00
SHITO GF DF	£1.50

Chips

LARGE CHIPS GF DF V	£3.00
LARGE CHIPS with Cheese GF	£4.00
LARGE CHIPS with Beans GF DF V	£4.00
LARGE CHIPS with Beans & Cheese GF	£4.80
SMALL CHIPS GF DF V	£2.00
SMALL CHIPS with Cheese GF	£3.00
SMALL CHIPS with Beans GF DF V	£3.00
SMALL CHIPS with Beans & Cheese GF	£4.00

PLEASE INDICATE YOUR SPICE LEVEL

Nigerian Shawarma

WITH CHICKEN DF	£6.00
WITH SAUSAGES DF	£6.00
WITH CHICKEN AND SAUSAGES DF	£8.00

Burgers

CHEESEBURGER	1/2lb £6.50	3/4lb £7.90
<i>Ground beef, burger buns, Cheddar, lettuce, tomato, onions, pickles</i>		
BACON CHEESEBURGER	£6.50	£7.50
<i>Ground beef, burger buns, bacon, Cheddar, lettuce, tomato, onions, pickles</i>		
FRIED ONION BURGER	£6.50	£7.50
<i>Ground beef, burger buns, cheese, white onions, pickles</i>		
CHICKEN BURGER	£6.50	£8.00
<i>Chicken patty on a burger bun, topped with lettuce, tomato, onion, pickles, cheese</i>		

Wraps

served with Salad or Chips

CHICKEN STRIPS DF	£6.50
BACON AND SAUSAGE DF	£6.00
VEGETARIAN WRAP DF V	£6.00
<i>with onion, tomato, lettuce, cucumber and falafel</i>	

Chicken

6 HOT WINGS & CHIPS DF	£7.50
5 CHICKEN STRIPS & CHIPS DF	£7.50
8 CHICKEN NUGGETS & CHIPS DF	£5.50

GF Gluten-Free DF Dairy-Free V Vegetarian VG Vegan H Hot